

GPA | **FITNESS**

"LIVE INSPIRED"

We are super excited to start 2021 off with NCSD Health and Wellness services and MORE opportunities!

Our NEWLY updated schedule will be as follows:

Monday – 4:30pm

Tuesday – 4:30pm & 5:30pm

Wednesday – 4:30pm

Thursday – 4:30pm & 5:30pm

Friday – 4:30pm

Saturday - 9:00am & 10:00am

All sessions will be hosted at GPA Fitness

This is AT NO COST to ALL NCD Employees!

Please Call & RSVP! (Limit 10 Per Session)

Contact us

904-491-1111

info@gpafitness.com